



Media Alert: 3 October 2021 – for immediate release Expert Review Findings Support the Therapeutic Use of Medicinal Psychedelics in Treating Mental Health Crisis

The findings of an expert panel reviewing the use of psychedelics in treating Australia’s mental health crisis, give strong support to such treatments being introduced at this stage on a case-by-case basis, under the supervision of the patient’s doctors and trained therapists.

The [Review](#) findings reinforce the safety in using both MDMA and psilocybin psychedelics for strictly medicinal purposes.

Most importantly, the Review found that these medicinal psychedelic medicines have a “strong effect size” – that is, they actually help people get better from depression, post-traumatic stress disorder, addictions, end-of-life stress and other mental illnesses. The Review Panel emphasised the importance of the medicines being administered in closely supervised settings and with intensive professional (therapists) support.

The Review follows [Mind Medicine Australia’s](#) (MMA’s) [application](#) to Australia’s Medicines Authority, the TGA, to allow these medicinal psychedelics to be used for medical purposes, whilst maintaining the prohibition on the use of psychedelics for recreational purposes. This step requires these medicinal therapies to be rescheduled as “controlled medicines” under the Poisons Standard.

For further information please contact:

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Please note the following are also available for interview:

- **The Hon. Andrew Robb AO (MMA Director)** - Board Director of MMA and former Trade Minister to Australia who has had treatment resistant depression for 43 years.
- **Chris Barrie AC (MMA Director)** - Board Director of MMA and former Head of the Armed Forces who says these treatments are the only hope for Veterans suffering with PTSD.

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