

Psychedelic Medicine Symposium

Presented by Mind Medicine Australia's Byron Bay Chapter

Sunday June 27th – Moderated by Bryn Newman and Tania de Jong AM

Time	Session	Speaker/s
11.00am	Welcome to Country Opening Videos and Song	
11.10am	<i>Introduction to Psychedelic-Assisted Therapies and Mind Medicine Australia</i>	Tania de Jong AM and Peter Hunt AM
11:30am	Mind Medicine and the Law: <i>An Overview of the Legal Situation and next steps for Australia</i>	Peter Hunt AM and Professor David Heilpern
11:50am	Q & A and How you can be the change	Tania de Jong AM, Peter Hunt AM and Professor David Heilpern
12:05pm	<i>Heroine's Journey Through the Dark Night of the Soul</i>	Simone Dowding
12:20pm	<i>Short brain break</i>	
12:30pm	Trauma = <i>The Elephant in the Room we all Need to Talk About</i> and Panel Discussion and Q & A: <i>How to become a Psychedelic-Assisted Therapist?</i>	Dr Mario Alam, Patrick Burnett, Simone Dowding, Lila Lieberman
1:20pm	Closing Comment and Song	Peter Hunt AM and Tania de Jong AM
1:30pm	CLOSE Session 1 and audience ARRIVES for Session 2	
	SESSION 2	
2:00pm	Welcome to Country Opening Videos and Song	
2.10pm	<i>Introduction to Psychedelic-Assisted Therapies and Mind Medicine Australia</i>	Tania de Jong AM and Peter Hunt AM
2:30pm	Mind Medicine and the Law: <i>An Overview of the Legal Situation and next steps for Australia</i>	Peter Hunt AM and Professor David Heilpern
2:50am	Q & A and How you can be the change	Tania de Jong AM, Peter Hunt AM and Professor David Heilpern
3:05pm	<i>Heroine's Journey Through the Dark Night of the Soul</i>	Simone Dowding
3:20pm	<i>Short brain break</i>	
3:30pm	Trauma = <i>The Elephant in the Room we all Need to Talk About</i> and Panel Discussion and Q & A: <i>How to become a Psychedelic-Assisted Therapist?</i>	Dr Mario Alam, Patrick Burnett, Simone Dowding, Lila Lieberman
4:20pm	Closing Comment and Song	Peter Hunt AM and Tania de Jong AM
4:30pm	End Session 2	
6:00pm	Audience starts to arrive for screening	
6.30pm	Film Screening: <i>Trip of Compassion</i>	
8.15pm	Post Screening Q&A Panel Discussion	Dr Jamie Rickcord, Tania de Jong AM, Peter Hunt AM

9.00pm	End of Day – Dinner at Johnsons for those who wish to join the team
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Monday June 28th

Time	Session	Speaker/s
6.30pm	Film Screening: <i>Fantastic Fungi</i>	
8.15pm	Post Screening Q&A Panel Discussion	Tania de Jong AM and Peter Hunt AM and Dr Mario Alam, Jonathan Davis
9.00pm	End of Day – Dinner at Johnsons for those who wish to join the team	

Sessions

Education sessions will be moderated by MMA’s Byron Bay Chapter Leader Bryn Newman and Tania de Jong AM.

Introduction to Psychedelic-Assisted Therapies and Mind Medicine Australia

In this session hear from Mind Medicine Australia founders Tania de Jong AM and Peter Hunt AM. Gain an in depth understanding of the latest science and data in the field of psychedelic-assisted therapy, as well as the current framework in Australia and a projection of how things will evolve.

Mind Medicine Australia exists to help alleviate the suffering caused by mental illness in Australia through expanding the treatment options available to medical practitioners and their patients. We will establish safe and effective psychedelic-assisted treatments to treat a range of mental illnesses.

Mind Medicine Australia is a registered charity founded by Tania de Jong AM and Peter Hunt AM. We are supporting clinical research and working towards regulatory-approved and evidence-based psychedelic-assisted therapies. We operate as a peak body that connects medical practitioners, consumers, academia, government, industry, regulatory bodies, philanthropists, investors and other stakeholders.

Mind Medicine and the Law: *An Overview of the Legal Situation and Next Steps for Australia*

Regulatory schemes in the US (Expanded Access), Australia (Special Access) and Israel (Compassionate Use) enable physicians to apply to the Regulator for approval to treat patients suffering from treatment resistant PTSD with Medicinal-MDMA psychotherapy and treatment resistant depression with Medicinal-Psilocybin assisted psychotherapy on a case-by-case basis outside of a clinical trial. Switzerland has a similar scheme allowing LSD, Psilocybin and MDMA to be used with psychotherapy.

Mind Medicine Australia has had success in helping practitioners to utilise Australia’s Special Access Scheme (SAS) but legislative barriers remain against the use of these medicines in some States.

We will present an overview of the current scheme, the application process and explain the approval process. We will analyse the legislative barriers that still exist in Australia and discuss the current independent review being conducted by the TGA that will hopefully lead to Psilocybin and MDMA being rescheduled from Prohibited Substances to Controlled Medicines in the near future.

We will also investigate the confusion between the illegality of these substances when used in a recreational context versus their medical use in controlled environments, and consider some alternate models internationally

Heroin's Journey Through the Dark Night of the Soul

Hear from Social Entrepreneur Simone Dowding about her experience of personal healing and positive transformation assisted by psychedelic medicine.

Trauma = *The Elephant in the Room we all Need to Talk About*

We will look at the infant-mother attunement process and show how this is important in the developing brain of the infant. This early development phase of our lives has a great deal to do with the mental well-being of our adult life. When the mother-baby attunement process does not go as nature intended it can have traumatic effects on personality development and lead to complex trauma. People who suffer Complex Trauma see the world through the lens of their early childhood. Psychedelic-assisted psychotherapy helps them process this through a combination of psychedelic medicine and psychotherapy. Other elements of trauma and processes for healing will also be discussed including brain theory around how psychedelic medicines might work.

Waves of Wellness – Magical Mantra

Using the ancient tool of mantra for inner connection and the healing power of sound, Edo Kahn will take us on a rejuvenating and deeply soothing mantra meditation experience.

Panel Discussion and Q & A: *How to become a Psychedelic-Assisted Therapist?*

Learn about the Certificate in Psychedelic-Assisted Therapies Panel Discussion with recent graduates.

The Certificate is designed for professionals already working as psychologists, psychiatrists, GPs, nurses, counsellors, social workers and those in similar therapeutic professions. The course has been developed primarily to meet the anticipated demand for trained therapists to provide psychedelic-assisted therapies for the treatment of mental ill-health in Australia in medically controlled environments. It is also expected that trained clinicians will be needed to work in research trials as they expand in Australia.

This is a great opportunity to meet recent graduates of the course and ask all your questions.

Speakers

Tania de Jong AM

Tania de Jong AM is a trail-blazing Australian soprano, award-winning social entrepreneur, creative innovation catalyst, spiritual journey woman, storyteller and global speaker. Tania is one of Australia's most successful female entrepreneurs and innovators developing 5 businesses and 3 charities including *Creative Universe*, *Creativity Australia* and *With One Voice*, *Creative Innovation Global*, *Mind Medicine Australia*, *Dimension5*, *MTA Entertainment & Events*, *Pot-Pourri* and *The Song Room*.



She works across the public, private, creative and community sectors and is passionate about mental health, innovation, diversity and inclusion. Tania speaks and sings around the world as a soloist and with her group Pot-Pourri releasing twelve albums. She is Founder and Executive Producer of future-shaping events series, [Creative Innovation Global](#).

She was appointed a Member of the Order of Australia in June 2008. Tania was named in the 100 Women of Influence, the 100 Australian Most Influential Entrepreneurs and named as [one of the 100 most influential people in psychedelics globally in 2021](#). Tania's TED Talk '[How Singing Together Changes The Brain](#)' has sparked international interest. Tania's mission is to change the world, one voice at a time!

Peter Hunt AM

As an investment banker Peter Hunt AM advised local and multi-national companies and governments in Australia for nearly 35 years. He co-founded and was Executive Chairman of one of Australia's leading investment banking advisory firms, *Caliburn Partnership* (now called *Greenhill Australia*) and continued as Chairman of the Firm after its sale to *Greenhill Inc* in 2009. Peter was a member of the Advisory Panel of ASIC and chaired the *Vincent Fairfax Family Office*.

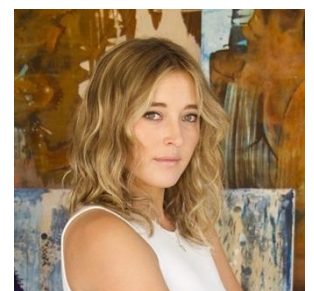


Peter is an active philanthropist involved in funding, developing and scaling social sector organisations which seek to create a better and fairer world. He is Chairman of *Mind Medicine Australia* which he established with his wife, Tania de Jong, in 2018. He founded Women's Community Shelter in 2011 and remains on the Board. He is Chairman of *So They Can*, *Grameen Australia* and *Grameen Australia Philippines*. Peter is a Director of *Project Rozana* and an Advisory Board member of the *Monash Sustainable Development Institute*. Peter also acts as a pro bono adviser to *Creativity Australia*.

Peter was made a member of the General Division of the Order of Australia in the Queen's Birthday Honours List in 2010 for services to the philanthropic sector.

Bryn Newman

Bryn Newman is a multidisciplinary digital specialist by day, by night she's an artist exploring the depths of consciousness, community, sexual empowerment and spirituality. She's on a mission to help people use creativity as medicine. She chairs Mind Medicine Australia's Byron Bay chapter and is passionate about psychedelic therapies and creative practices for mental health.



Bryn will be our session moderator for the Symposium.

Professor David Heilpern

David Heilpern was appointed as a Magistrate in 1998 and was at the time the youngest magistrate in Australia. He 'retired' in May 2020. He sat in the criminal, mining, family, industrial, coronial and children's jurisdictions of the Local Court, and was the Senior Civil Magistrate for five years. During his time on the bench, David was the principal educator for new magistrates throughout Australia and the Pacific and made several important reported decisions on criminal, environmental and evidence law. Prior to his appointment, David was a litigation lawyer on the North Coast where he co-founded the law school at Southern Cross University, rising to becoming the Acting Dean in 1996. He maintained a litigation practice throughout this time, representing a wide range of defendants including high profile clients North East Forrest Alliance and Nimbin Hemp. During this time David graduated with a Masters in Law and was pronounced the Alumni of the Decade for the University in 2005. David has written four published books, three of which have now had multiple editions, dozens of refereed journal articles, and is a prize-winning short story writer and poet.



David has recently been appointed as a Professional Practice Professor and Adjunct Professor at the School of Law and Justice at Southern Cross University. He has returned to the practice of law and his writing is now focused on drug law reform, aboriginal overrepresentation in the criminal justice system and environmental activism.

Lila Lieberman

Lila has been working with medicinal plants and indigenous methodologies of healing for twenty-five years. She began her journey in the Atacama Desert of Peru and later initiated as *sangoma* - traditional healer and seer - in the Shona tradition of South Africa, where she was born. She has spent many years engaging cultural wisdom and plants in a medicinal capacity, both academically and culturally. Her focus is on the living library held within the plant and human kingdoms, and how their collaboration activates profound capacities for new perception and creative psychological feedback. She explores the various cultural ways, rites and ceremonies that open these channels of learning. Her academic background is in Anthropology, Linguistics, Philosophy and Transpersonal Psychology, and holds a diploma in Integral Coaching. She now lives in the Byron Shire, Australia



Dr Mario Alam

Dr Mario Alam is one of the northern rivers most loved general practitioners. He has studied among global leaders in the health and personal development industry, crafting his own unique therapies to integrate psychedelic medicines and to effectively provide holistic solutions to the healing of trauma. Dr Mario advocates and embodies a 'whole picture' approach to health. He has travelled over 50 countries gaining unique insights into the human condition. He marries his training in Western Medicine with a well-travelled wisdom and knowledge gained from spiritual elders and shamans to medical pioneers. In so doing, he brings the simple to the complex with a dedication to the embodiment of the spirit.

Well loved by his patients for his deep intuitive presence, he has a passion for community and the integration between science and spirituality.



Simone Dowding

Simone is currently the CEO for Storytowns a national podcast and tourism tech company. Voted top 50 Business Women for 2020. She is a successful entrepreneur and CEO, who for 13+ years founded and led an award-winning wholesale distribution company with 50 staff and six sites across Australia. She has also recently worked in senior management for World Vision Australia as the Head of social enterprise. Simone was responsible for the start-up and international scaling of Change Coffee that contributed all sales to the global economic empowerment of women. Simone is a consultant business lecturer for Melbourne university and Monash. She is also a passionate Mental Health Advocate, business mentor and national speaker on Spiritual Leadership, having studied with the Dalai Lama in his monastery in India and living with indigenous tribes of the Amazon. A teacher of meditation, yoga and Buddhist philosophy, Simone runs 'Feel Good Retreats' Australia wide. Simone also holds a degree in Psychology and is currently a fellow of the Centre of Sustainable leadership.



Dr Jamie Rickcord

Dr Jamie has practiced medicine since graduating from Imperial College, London in 2006 and for the last 8 years has worked as a GP in the Northern Rivers of NSW. He is the founder of Ananda Clinics in Byron Bay – one of Australia's first to be dedicated to plant medicine. Jamie is an experienced prescriber of medicinal cannabis and is studying a Masters in Trauma Informed Psychotherapy. He is totally committed to the birth of a new paradigm in mainstream society where plant medicines are accepted as the remarkable gifts from nature that they are. Jamie is also a rural health advisor who believes that rural Australians who have been through drought and fire will benefit greatly from these treatments. His interests are in healing trauma and the expansion of human potential. In his spare time Jamie surfs, plays his guitars and spends the rest of his time with his 3-year-old son.



Edo Kahn

Edo is the Co-founder A Sound Life - an Australian based non-profit organization which shares the healing power of music, yoga and meditation with people in need. Edo was a major label music artist previously signed with Virgin/EMI and is an APRA (Australian Performing Rights Association) award-winning songwriter with songs featured in film, television and on radio. Edo and his first wife performed and ran retreats around the world before Jo's passing in 2015. With over 200,000 monthly listeners worldwide, their soothing and uplifting mantra music continues to touch hearts and transform lives.



Edo & Jo have been featured in various print media including Australian Yoga Journal, Yoga Journal Germany, Australian Natural Health Magazine and Sydney Morning Herald,.

Patrick Burnett

Patrick has been working as a Jungian Psychoanalyst for 25 years doing long-term psychotherapy. He works from his office in Bangalow NSW and also through Zoom. Patrick is a member of the Australian and New Zealand Association of Jungian Analysts (ANZSJA), the International Association of Analytical Psychology (IAAP) and is the secretary of the Australasian Confederation of Psychoanalytic Psychotherapies (ACPP).



Jonathan Davis

Jonathan Davis is a writer focused on indigenous and non-western approaches to mental health crisis. He brings more than a decade of experience assisting others during both involuntary and voluntary visionary state experiences. Jonathan is one of the founders of Somara, a conference addressing the responsible reintroduction of visionary medicine practices into the modern western world. He also runs an online community of around 80,000 people exploring Visionary Mental Health. Jonathan has been exploring the power of myth and storytelling since 1999, as a film & television professional, and later as a university lecturer in media theory and practice. More recently his attention has turned towards the role of deep nature connection practices and culture repair in bringing humanity back into symbiosis with the biosphere.



Thank you!

We're grateful for the support of Byron Theatre for hosting this event and for Pana Organic and Superfeast for supplying delicious gifts for our guests. We'd also like to thank Britte for donating her incredible craft with flowers and to all our wonderful presenters for their invaluable time and expertise.

Thank you to all our Chapter Members for their support and please join our Byron Chapter.

Thank you for your understanding and generosity in these challenging times.

Please visit our website: www.mindmedicineaustralia.org



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