



Am I eligible for psychedelic-assisted psychotherapy?

Currently, only adults who have a diagnosis of depression or PTSD, and have already been through some form of professional treatment for this, are eligible to be considered for psychedelic-assisted psychotherapy. This will also depend on a thorough assessment by a psychiatrist who would be responsible for making an application for permission to provide this treatment.

Who can refer me for psychedelic-assisted psychotherapy?

Any GP or psychiatrist is able to submit an application on your behalf to attain SAS-B approval for psychedelic-assisted psychotherapy. If your GP or psychiatrist is unfamiliar with the process they are able to make contact with MMA's psychological service team for more information.

How does MMA's psychological support services approach harm minimisation?

MMA's focus is on the clinical application of psychedelic medicines in conjunction with psychotherapy for the treatment of mental illness.

However, MMA's psychological support services practitioners are also trained to address your mental health needs in regard to risk assessment, psycho-social-spiritual safety, your functional capacity and self-care needs in relation to psychedelic substances.

Are you able to advise me on the recreational use of psychedelic drugs?

Our psychological support services team is equipped to talk to you about the potential risks associated with substance use and how you can mitigate risk and seek psychological support.

Can I be a research participant?

Mind Medicine Australia is not currently running any research programs.



Do I have to be over 18 years of age to access MMA's psychological support services?

No. Anyone, of any age, is able to access MMA's psychological support services. For those under the age of 18, consent from a parent or legal guardian is also required.

Any child, or young person, will NOT be encouraged to access psychedelic substances. All standard ethics apply in regard to duty of care, suicide risk assessment and prevention, and child protection laws and processes.

Additionally, our practitioners are able to utilise a range of conventional evidence-based therapies to work with the child or young person in regard to their emotional, physical and spiritual health and wellbeing.

Can I access MMA's psychological support services without a referral from a GP?

Yes, however, if you do not have a referral from a GP, you will not be entitled to a Medicare rebate on any services provided.

For an assessment of eligibility for psychedelic-assisted psychotherapy, you will need a GP referral.

Do I have to disclose my previous history of psychedelic substance use?

No. However, if you are seeking psychedelic-assisted psychotherapy or conventional therapies, it is advisable that you disclose any relevant history to your care team. In the case of psychedelic-assisted therapy this would comprise of a psychiatrist, GP and psychologist/mental health social worker/psychotherapist. By having a comprehensive history your team will be better equipped to support you.

MMA's psychological support services practitioners pride ourselves in being compassionate, open minded and professional. Our practitioners will work with you



to build a safe and trusting professional relationship so that a comprehensive assessment, diagnosis and treatment plan can emerge.

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DISCLAIMER: Mind Medicine Australia is focused specifically on the clinical application of medicinal psilocybin and medicinal MDMA for certain mental illnesses. We do not advocate for non-clinical use of psychedelics, MDMA, or any other prohibited substances, nor do we advocate for any changes to the law with respect to non-clinical use. Our focus is wholly clinical.